



Adventure Travel  
4x4 Expeditions  
Consultancy  
Training



**OneLife Adventure**

[www.onelifeadventure.com](http://www.onelifeadventure.com)

# Wales and Peaks UK Explorers 2005

**Welsh Explorer**  
**Peak Explorer**  
**Welsh Explorer**  
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**Welsh Explorer**  
**Peak Explorer**  
**Welsh Explorer**

19<sup>th</sup> and 20<sup>th</sup> March  
23<sup>rd</sup> and 24<sup>th</sup> April  
21<sup>st</sup> and 22<sup>nd</sup> May  
2<sup>nd</sup> and 3<sup>rd</sup> July  
27<sup>th</sup>, 28<sup>th</sup> & 29<sup>th</sup> August  
1<sup>st</sup> and 2<sup>nd</sup> October  
29<sup>th</sup> and 30<sup>th</sup> October

South Wales  
Derbyshire Peak District  
Mid Wales  
North Wales  
Wales  
Derbyshire Peak District  
South Wales



These popular UK based mini expeditions will take you into some of the most remote and beautiful areas of the UK. You'll experience a mixture of on and off road driving over a variety of terrains with some steep ascents and descents. Don't worry if your vehicle is not fully equipped - these weekends are designed to help you determine what enhancements are actually needed. However it is advisable that your vehicle is fitted with underbody protection as a minimum. The weekend's are intended to be non-damaging to you, your vehicle and the environment. The routes used are all public vehicular rights of way (either RUPP's or BOAT's), and have been reconnoitred in advance by myself.

Your companions for the weekend are often new to off-road driving and vehicle expeditions but some will have travelled or are intending to travel, with their vehicles in the near future. There will be opportunities during the weekend for workshop sessions on winching, recovery, navigation and other topics that you may wish to raise. Children and partners are welcomed on the weekend and the pace of the weekend is geared to provide plenty of opportunities to stop and let young co-drivers let-off steam! Needless to say, the evenings will be spent around an open fire amongst friends, with a drink in hand, talking travellers tales under the stars.

I am sure, that as well as giving you the opportunity to use your vehicle, you'll find it stimulating in generating travel plans for the future.



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## **Driver training**

These mini expeditions are a great way to experience vehicle dependant expeditions and for you and your family to decide if this is for you. While extensive off road driving skills are not needed some basic skills are desirable. For general driver training and familiarisation with your vehicle I recommend Land Rover Experience driver training, find out more and access special offers at [www.landroverdriving.co.uk](http://www.landroverdriving.co.uk) or [www.landrover.com/gb/en/Adventures/Experience/4by4training.html](http://www.landrover.com/gb/en/Adventures/Experience/4by4training.html) .

## **Summary**

About 2 weeks prior to the expedition you will receive detailed joining instructions and directions for the meeting points.

<b>Start point</b>	Varies.
<b>Finish point</b>	Varies.
<b>Number of days</b>	2 days and 2 nights. (Note 27 <sup>th</sup> , 28 <sup>th</sup> & 29 <sup>th</sup> Aug is a 3 day/3 night expedition).
<b>Approx. distance</b>	Varies (100 - 200 kilometres).
<b>Road conditions</b>	Mixture of on and off road.
<b>No' of vehicles</b>	Maximum of 10 guest vehicles plus support vehicles.
<b>Accommodation used</b>	Camping, either on pristine wild sites or on organised farm sites with toilet and shower facilities.
<b>Specialist equipment - vehicle</b>	A well maintained and serviced 4x4 vehicle fitted with some underbody protection. A CB radio is highly desirable. Tyres of either All Terrain or Mud Terrain tread patterns are most suitable. A winch is not essential and additional fuel cans are not needed.
<b>Specialist equipment - camping</b>	Either roof or ground tents are suitable, along with 3 season sleeping bags and mats or camp beds The weekend is self-catered, using either your own stoves or the common campfire and you will need to bring all food and drink with you. A Thermos flask is useful for preparing your own hot drinks and you should bring your own chairs, table, cutlery and utensils. You will need warm and windproof outer wear, wet weather gear, strong boots and a set of dry clothing. To minimise our impact on the often unique and fragile environment we will be travelling through, all waste and refuse needs to be disposed of appropriately - so please bring a bin bag, toilet roll, a lighter and a trowel!

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## **Typical itinerary**

Days will start and finish with time for cooked breakfasts and dinners and we will stop for a snack lunch on both days. We will collect the evening's firewood as we progress. I will give a short driver briefing on the days route and hazards before we leave our campsite on each day.

### **Friday**

Meet at the designated camp site late afternoon or evening, in your own time.

### **Saturday**

We will leave the site after breakfast, normally around 09.30 and spend a full day driving. We will be in camp by approx 16.00 that evening.

### **Sunday**

After breakfast we will complete a further series of trails before finishing the guided sections between 15.00 and 16.00. The drive back to Oxfordshire takes typically about 3 - 4 hours.

## **Cost**

2 day UK Explorer                      £100 per vehicle including camping fees, guiding and support.

3 day UK Explorer                      £150 per vehicle including camping fees, guiding and support.

**FOR MORE INFORMATION OR TO  
BOOK YOUR PLACE ON THESE EXPEDITION'S  
PLEASE CONTACT ME – NUMBERS ARE LIMITED!**



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